

### **Carleton Ravens – Major Awards - Ruth Coe Award – Female Athlete of the Year**

Frances Ruth Coe, a 23-year-old Physical Education teacher at Hillcrest HS died much too young on Tuesday, October 12, 1965 in Kingston, from injuries suffered in a car accident.

Ruth was an Ottawa native who attended Glebe Collegiate Institute and graduated in 1960. While at Glebe Ruth played/participated in a number of athletic activities but basketball was her favourite.

At Carleton Ruth played basketball for three years for the Carleton University Robins, as the Lady Ravens were known then, from 60-61 to 62-63. She was coached by Carleton Athletics Hall of Fame Coach Mavis McArthur. The 1960-61 team won the Stewart Trophy, at that time awarded to the top team in the Central Canada Women's Intercollegiate League.

She had been a teacher at Hillcrest for three years and was a specialist in Physical Education and a part- time History & Geography teacher. She was also the coach of the Hillcrest Girls' Track and Field and Swimming teams.

<b><u>YEAR</u></b>	<b><u>ATHLETE - TEAM</u></b>
<b>1968-69</b>	Gail Smith - Volleyball
<b>1969-70</b>	Charlotte Bigelow- & Gail Smith - Volleyball
<b>1970-71</b>	Elizabeth Ann Roe - Volleyball
<b>1971-72</b>	Kathy Johnstone - Volleyball
<b>1972-73</b>	Valerie Hughes - Basketball
<b>1973-74</b>	Elizabeth Brown - Basketball
<b>1974-75</b>	Maureen MacIntoch - Volleyball
<b>1975-76</b>	Janice Frezell - Fencing
<b>1976-77</b>	Vivian Leir - Fencing
<b>1977-78</b>	Marilyn Atkinson - Nordic Skiing
<b>1978-79</b>	Marilyn Atkinson - Nordic Skiing
<b>1979-80</b>	Clare Wasteneys - Nordic Skiing
<b>1980-81</b>	Nataley Nagy - Fencing
<b>1981-82</b>	Nataley Nagy - Fencing
<b>1982-83</b>	Nicky Majid - Basketball
<b>1983-84</b>	Nicky Majid - Basketball
<b>1984-85</b>	Joan McKenna - Basketball
<b>1985-86</b>	Jenny Walker - Nordic Skiing
<b>1986-87</b>	Rhonda Delong - Nordic Skiing
<b>1987-88</b>	Ailsa Metcalf - Nordic Skiing
<b>1988-89</b>	Rhonda Delong - Nordic Skiing
<b>1989-90</b>	Karen Anderson - Soccer & Jennifer Chalmers - Water Polo
<b>1990-91</b>	Carey Sookecheff - Water Polo
<b>1991-92</b>	Ailsa Eyvindson - Nordic Skiing
<b>1992-93</b>	Miriam Tyson - Nordic Skiing & Marilyn Johnston - Volleyball
<b>1993-94</b>	Erica Kotler - Swimming
<b>1994-95</b>	Waneek Horn-Miller - Water Polo
<b>1995-96</b>	Waneek Horn-Miller - Water Polo
<b>1996-97</b>	Erin Despard - Ski & Waneek Horn-Miller - Water Polo
<b>1997-98</b>	Titia Donker - Water Polo

<b>1998-99</b>	Katya Harchenko - Fencing
<b>1999-00</b>	Marianne Illing - Water Polo
<b>2000-01</b>	Michelle McEvoy - Field Hockey
<b>2001-02</b>	Mary Jo O'Brien - Field Hockey
<b>2002-03</b>	Megan McTavish - Nordic Skiing
<b>2003-04</b>	Megan McTavish - Nordic Skiing
<b>2004-05</b>	Mihaela Jekic - Nordic Skiing
<b>2005-06</b>	Eva Szabo - Nordic Skiing
<b>2006-07</b>	Rachel Baxter - Water Polo
<b>2007-08</b>	Anna Laurence - Fencing
<b>2008-09</b>	Tanya Perry - Basketball
<b>2009-10</b>	Kelleigh Ryan - Fencing
<b>2010-11</b>	Alyson Bush - Basketball
<b>2011-12</b>	Alyson Bush - Basketball
<b>2012-13</b>	Alyson Bush - Basketball
<b>2013-14</b>	Elizabeth Roach - Basketball
<b>2014-15</b>	Natasha Smith - Rugby
<b>2015-16</b>	Megan Evans - Nordic Skiing
<b>2016-17</b>	Heather Lindsay – Basketball
<b>2017-18</b>	Elizabeth Leblanc – Basketball
<b>2018-19</b>	Zoe Williams – Nordic Skiing
<b>2019-20</b>	Zoe Williams – Nordic Skiing
<b>2020-21</b>	No Season – COVID
<b>2021-22</b>	Vanessa Chiapetta – Rugby
<b>2022-23</b>	Kali Pocrnic – Basketball
<b>2023-24</b>	Kali Pocrnic – Basketball & Maggie McClure (Nordic Skiing)
<b>2024-25</b>	Jacqueline Urban – Basketball & Helen McCulligh (Nordic Skiing)

## Notes

- The award has been shared 6 times.
- Alyson Bush and Wannek Horn-Miller are the only three-time winner
- Two-time winners:
  - Gail Smith (Volleyball)
  - Marilyn Atkinson (Nordic)
  - Nateley Nagy (Fencing)
  - Nicky Majid (Basketball)
  - Rhonda DeLong\*
  - Megan McTavish (Nordic)
  - Zoe Williams (Nordic)
  - Kali Pocrnic (Basketball)]

\* Did not win in consecutive years.

#### Winners by team

**Basketball (15):** Valerie Hughes (73), Elizabeth Brown (74), Nicky Majiid (83, 84), Joan McKenna (85), Tanya Perry (09), Alyson Bush (11, 12 & 13), Elizabeth Roach (14), Heather Lindsay (17), Elizabeth Leblanc (18), Kali Pocrnic (23, 24), Jacqueline Urban (25)

**Fencing (7):** Janice Frezell (76), Vivian Leir (77), Nateley Nagy (81, 82), Katya Harchenko (99), Anna Laurence (08), Kelleigh Ryan (10)

**Field Hockey (2):** Michelle McEvoy (01), Mary Jo O'Brien (02)

**Nordic Skiing (18):** Marilyn Atkinson (78, 79), Ckaure Wasteneys (80), Jenny Walker (86), Rhonda Delong (87, 89), Ailsa Metcalf (88), Miriam Tyson (93), Erin Despard (97), Megan McTavish (03, 04), Mihaela Jekic (05), Eva Szabo (06). Megan Evans (16), Zoe Williams (19, 20), Maggie McClure (24), Helen McCulligh (25)

**Rugby (2):** Natasha Smith (15), Vanessa Chiapetta (22)

**Soccer (1):** Karen Anderson (90)

**Swimming (1):** Erica Kotler (94)

**Volleyball (7):** Gail Smith (69, 70), Charlotte Bigelow (70), Elizabeth Ann Roe (71), Kathy Johnstone (72), Maureen MacIntosh (75), Marilyn Johnston (93),

**Water Polo (8):** Jennifer Chalmers (90), Carey Sookecheff (91), Waneek Horn-Miller (95, 96, 97), Titia Donker (98), Marianne Illing (00), Rachel Baxter (07)